

SVMS

Counselor Newsletter

February 2024



SAVE THE DATE:

February 5th-9th

[National School Counseling Week](#)

February 11th-17th

[Kindness Week](#)

check out the 2024 RAok Calendar

RESOURCES:

[ASCA Mindsets & Behavior Standards](#)

DIVERSITY/INCLUSION:

Teaching for diversity refers to acknowledging a range of differences in the classroom. Teaching for inclusion signifies embracing differences. Teaching for equity allows the differences to transform the way we think, teach, learn and act such that all experiences and ways of being are handled with fairness and justice.

Let's talk about:

ACCEPTANCE & INCLUSION

Simply stated, inclusion is **about ALL students belonging!** Decisions are made on the basis of student needs and not on labels and places.

#NSCW2024:

[National School Counseling Week](#) 2024 is held February 5th-9th and focuses public attention on the unique contribution of school counselors. NSCW, sponsored by [ASCA](#), highlights the tremendous impact school counselors can have in helping students achieve school success and plan for a career. NSCW is held the first full week of February and the 2024 theme is "School Counseling: Standards Based, Student-Focused."

ACTIVE LISTENING:

[Active listening](#) is being able to accurately comprehend messages, remembering them, and responding appropriately. Try practicing these [11 Active Listening Skills](#) such as using eye contact, paraphrasing, nodding, smiling, asking questions, and displaying empathy.

EMPATHY:

Essentially, it's putting yourself in someone else's position and feeling what they are feeling. [Empathy](#) means that when you see another person suffering, such as after they've lost a loved one, you are able to envision yourself going through that same experience.